



**OTHER CURRENT MEDICAL PROVIDERS** (list all other medical providers you use – oxygen company, home health, DME suppliers)

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**MEDICATIONS** (list current medications, dosages, times per day and prescribing doctor)

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**SUPPLEMENTS** (list current supplements including calcium and multivitamin, dosages, times per day)

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**FAMILY HISTORY** (check those that apply)

| Disease  | Family Member (s) (Only Parents or siblings) |
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| <input type="checkbox"/> Cancer (include type with family member)      |  |
| <input type="checkbox"/> Diabetes                                      |  |
| <input type="checkbox"/> High Blood Pressure                           |  |
| <input type="checkbox"/> High Cholesterol                              |  |
| <input type="checkbox"/> Heart Attack (Age: 40s in men – 50s in women) |  |
| <input type="checkbox"/> Stroke (Age: 40s in men – 50s in women )      |  |
| <input type="checkbox"/> Alcohol/Chemical Dependency                   |  |
| <input type="checkbox"/> Depression and/or Suicide                     |  |
| <input type="checkbox"/> Osteoporosis                                  |  |

**VACCINE/EXAM/TEST** (list the year of your last)

|                 |                   |                   |           |
|-----------------|-------------------|-------------------|-----------|
| Tetanus vaccine | Pneumonia vaccine | Rectal/stool exam | Mammogram |
| Flu vaccine     |                   | Cholesterol       | Pap smear |